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Newsletter 05-06-20

SCHOOL CHAPLAIN'S PRAYER

Dear Jesus

Help us to be strong like St John the Baptist.

Let us show love, peace and kindness to all.

Encourage us to be the best that we can be and always show your love.

Amen

WELCOME

We welcome back children into Foundation, Year 1 and Year 6 this week as well as our key worker children. We have extensively risk assessed and put safety measures in place to ensure that the children and staff can be as safe as possible during these uncertain times. We thank you for your support with this. Children continue to work, eat and stay in their 'bubbles' throughout the school day. All staff are now with children for the whole school day so we will not be able to phone you each week to support with the home learning. If you have any concerns then please phone the school office and a member of staff will phone you back or email admin or the class teacher. We are keen to support all of our families whether they are at home or at school. Home Learning for the next fortnight will be with you by the end of the day Friday. Staff have been delivering home learning packs to parents who have struggled to access the online learning. As staff are full time teaching now in the classrooms and planning the learning, they will not have time to drop packs off. If you require a printed off pack then please phone the office and arrange a time to pick one up.

SCHOOL REPORTS

School reports will be emailed out to you over the next few days. Staff have written them and based them on work completed and assessments up until March. If you want to discuss the report with your child's teacher then please email them directly for a telephone appointment to do this.

BUBBLE START TIMES

Bubble 1 – Foundation children 8.45am - 2.45pm

Bubble 2 – Year 1 children and Key worker children from Year 1 and Year 2 9-15am - 3pm

Bubble 3 – Year 6 children and Key worker children from KS2 9am - 3.15pm

We have staggered the start times to reduce the number of parents on site at any one time. If you need to speak to the school office then please telephone in or email the admin address.

Thank you for your support with this.

NEW LIBRARY

The school has remained open since March for Key worker children. During this time Mrs Rowden has converted the cloakroom area into a fantastic, colourful new library which will be open to all the children once the restrictions are lifted. Children at the moment have to stay in their 'bubble' and cannot move around the school so most children in the school have not seen this fantastic space.





READING SCHEME

The Friends have very kindly donated £2300 towards a new reading and phonics scheme. We have managed to secure £3500 of Grant funding towards the scheme which has cost a total of £5700. Many thanks to all of the Friends and to Mrs Waiters for helping the school to get the best resources for your children to learn from. We are hoping to access training in the new scheme some time in the new academic year, once the restrictions have been lifted. Then we will start to use the new resources with your children.

SUNSHINE

The sunny weather has been great and we have spent plenty of time outdoors. Please can we remind you to put sun cream on your child at home before school, as staff cannot apply sun cream. Can the children also remember to bring in sun hats please and a coat as we cannot always predict the great British weather.

FRUIT

We will not receive any more fruit deliveries until September so please can children bring in a healthy snack to have during the school day.

PERSONAL BELONGINGS

The children do not need a PE kit at present. Please do NOT bring in their book bags or toys from home. This is to keep everyone as safe as possible.

CELEBRITY SUPPLY TEACHERS

Look out for Celebrity Supply Teachers on CBBC and IPlayer from Monday 8th June at 9.25am. The celebrities are doing a 10 minute lesson. First up is former Ginger Spice, Geri Homer teaching English and other celebrities include Ed Balls teaching History, Gary Lineker teaching Spanish, Tim Peake teaching Space, Heston Blumenthal teaching cooking and many more.

HOME LEARNING PICTURES

If you have any pictures of great home learning for the newsletter please send them in to the admin email address.

SUPPORT FOR MENTAL HEALTH AND SIMPLE WAYS TO AID CHILDREN'S WELL-BEING

Yoga, mindfulness and relaxation (on Youtube)

Storyhive yoga for kids

Yoga for kids- Alissa Kepas

Cosmic Kids Yoga- Youtube

Cbeebies - <https://www.bbc.co.uk/cbeebies/joinin/seven-techniques-for-helping-kids-keep-calm> (Seven techniques for helping children keep calm)

Save the Children - <https://www.savethechildren.org.uk/what-we-do/coronavirus/resources/learning-at-home/relaxation-exercises-to-do-at-home-with-your-kids> (A range of relaxation exercises for children to do at home.)
www.savethechildren.org.uk/content/dam/usa/reports/emergency-response/stress-busters-from-our-heartprogram.pdf

Emotion Wheel - <https://www.mentallyhealthyschools.org.uk/media/2001/emotion-wheel.pdf> (The emotion wheel can be used with children of all ages who are struggling to express their current feelings). <https://www.mentallyhealthyschools.org.uk/media/2003/emotional-check-in.pdf> (A written resource supports children and young people to not only express their feelings but identify why they are feeling a particular way).

Anxiety Thermometer - <https://www.mentallyhealthyschools.org.uk/media/2022/anxiety-thermometer.pdf> (Using a feelings thermometer is a great tool to help children recognise what feelings they might be experiencing in any given moment).

Sentence Starters - <https://www.mentallyhealthyschools.org.uk/media/2005/sentence-starters.pdf> (Sentence starters can be useful prompts for children who are struggling to order their thinking or express the way they feel).

Relax Like a Cat - <http://www.moodcafe.co.uk/media/26930/Relaxleaflet.pdf> (A guided relaxation, using the analogy of a cat, to ease any anxiety and create a sense of calm for children).

NHS – Self Care Kit for children -

<https://www.mentallyhealthyschools.org.uk/media/2013/self-care-kit-covid-19.pdf>. (This kit has lots of ideas for self-care for children, including mindful colouring, laughing out loud, breathing exercises, ways to express thoughts, a self soothe box and more creative activities).

ELSA Support June Wellbeing Calendar - <https://www.elsa-support.co.uk/wp-content/uploads/2020/05/Wellbeing-calendar-for-June.pdf>. (A well-being calendar for the month of June – Lots of ideas and activities to promote positive wellbeing within children).

14 day home challenge - <https://www.elsa-support.co.uk/wp-content/uploads/2020/04/Coronavirus-homechallenge-2-1.pdf> (A 14-day calendar of activities, including mindfulness, crafts and positive thinking that can help boost wellbeing and keep children occupied in a proactive way).

