St John's menu from 22nd June Summer term 2020



Week 1	Monday 22 nd June	Tuesday 23 rd June	Wednesday 24 th June	Thursday 25 th June	Friday 26 th June
Main meal	Pasta, Tomato/Basil sauce with garlic bread	Chicken goujons with vegetable brown/white rice	Sausages, mashed potato, vegetables & gravy	Chicken Korma with brown/white rice	Fish fillet with chips & peas
Vegetarian Option	Pasta, Tomato/Basil sauce with garlic bread	Vegetable nuggets with vegetable brown/white rice	Vegetable sausages, mashed potato, vegetables & gravy	Vegetable Korma with brown/white rice	Cheese & onion pasty with chips and peas
Week 2	Monday 29 th June	Tuesday 30 th June	Wednesday 1 st July	Thursday 2 nd July	Friday 3 rd July
Main meal	Macaroni cheese with bacon bits, sweetcorn & garlic bread	Meat pasty with diced potatoes and baked beans	Chicken & vegetable strips with BBQ sauce in a wrap & potato wedges	Sweet and sour pork with brown/white rice	Sausages, chips & baked beans
Vegetarian Option	Macaroni cheese, sweetcorn & garlic bread	Vegetable slice with diced potatoes and baked beans	Roasted Vegetable strips with BBQ sauce in a wrap & potato wedges	Sweet and sour vegetables with brown/white rice	Vegetable Sausages, chips & baked beans
Week 3	Monday 6 th July	Tuesday 7 th July	Wednesday 8th July	Thursday 9 th July	Friday 10 th July
Main meal	Pasta Beef Bolognaise with garlic bread	Sausage roll, homemade potato wedges & baked beans	Homemade Turkey & vegetable pie with diced potatoes and gravy	Homemade Beef Chilli with brown/white rice	Pepperoni Pizza, chips & baked beans
Vegetarian Option	Vegetable Bolognese with garlic bread	Cheese and onion pasty, homemade potato wedges & baked beans	Homemade Vegetable pie with diced potatoes and gravy	Homemade Vegetable Chilli with brown/white rice	Cheese and tomato Pizza, chips & baked beans
Week 4	Monday 13 th July	Tuesday 14 th July	Wednesday 15 th July	Thursday 16 th July	Friday 17 th July
Main meal	Pasta, Tomato/Basil sauce with garlic bread	Chicken goujons with vegetable brown/white rice	Sausages, mashed potato, vegetables & gravy	Chicken Korma with brown/white rice	Fish fillet with chips & peas
Vegetarian Option	Pasta, Tomato/Basil sauce with garlic bread	Vegetable nuggets with vegetable brown/white rice	Vegetable sausages, mashed potato, vegetables & gravy	Vegetable Korma with brown/white rice	Cheese & onion pasty with chips and peas