

THREE WEEK MENU

SPRING/SUMMER 2022

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1 MENU

25-Apr 16-May 06-Jun 27-Jun 18-Jul 08-Aug 29-Aug 19-Sep 10-Oct 31-Oct 21-Nov 12-Dec 02-Jan 23-Jan 13-Feb 06-Mar 27-Mar



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SPRING/SUMMER 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Sausages, Mash & Gravy Pork & beef sausages in gravy	Macaroni Cheese Macaroni in a creamy cheese sauce	Roast Chicken with Roast Potatoes and Gravy Roast chicken with roasties and gravy	Cheese & Tomato Pizza Deep base pizza with a cheese & tomato topping	Fish & Chips Our traditional Friday favourite
Alternative Dish	Butternut Squash & Chickpea Curry & Rice    Chunky vegetables in a mild curry sauce	Mild Bean Chilli & Rice    Baked bean chilli and fluffy rice	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy   Chunky sweet potato and chickpea roast	Beef Pasta Bolognese  A classic Italian beef bolognese in tomato sauce	Dippers and Chips  Crispy Quorn nuggets
Jacket Potato	Jacket Potato with Salmon Mayo  	Jacket Potato with Veggie Bolognese  	Jacket Potato with Cheese 	Jacket Potato with Baked Beans  	Jacket Potato with Cheese  
Vegetables	Golden Sweetcorn or Salad	Rainbow Vegetables or Salad	Carrots and Cabbage	Garden Peas or Salad	Baked Beans or Salad
Desserts	Smooth Fruit Yoghurt	Apple, Orange & Melon Fruit Bowl 	Cranberry Shortbread Biscuit	Pear & Chocolate Sponge 	Jammy Jack Flapjack

Bread, Water & Fruit available every day
Ketchup served on Friday

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

WEEK 2 MENU

02-May 23-May 13-Jun 04-Jul 25-Jul 15-Aug 05-Sep 26-Sep 17-Oct 07-Nov 28-Nov 19-Dec 09-Jan 30-Jan 20-Feb 13-Mar 03-Apr



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Chicken Korma & Rice Mild creamy korma sauce and fluffy rice	Cheese & Tomato Pizza Deep base pizza with a cheese & tomato topping	Roast Ham with Roast Potatoes and Gravy Ham in gravy with roasties and gravy	Classic Beef Burger Served with salad & diced potatoes	Fish & Chips Our traditional Friday favourite
Alternative Dish	Quorn Sausage, Mash & Gravy Sausage in gravy with mash potato	Beef Pasta Bolognese A classic Italian beef bolognese in tomato sauce	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy Chunky sweet potato and chickpea roast	Mild Bean Chilli & Rice Baked bean chilli and fluffy rice	Cheese & Vegetable Frittata & Chips Oven baked omelette and chips
Jacket Potato	Jacket Potato With Cheese	Jacket Potato With Baked Beans	Jacket Potato With Tuna Mayo	Jacket Potato With Cheese	Jacket Potato With veggie bolognese
Vegetables	Garden Peas or Salad	Green Beans or Salad	Carrots and Cabbage	Golden Sweetcorn or Salad	Baked Beans or Salad
Desserts	Cranberry Shortbread Biscuit	Smooth Fruit Yoghurt	Pear & Chocolate Sponge	Apple, Orange & Melon Fruit Bowl	Muesli Flapjack

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Bread, Water & Fruit & available every day
Ketchup served on Friday

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

WEEK 3 MENU

09-May 30-May 20-Jun 11-Jul 01-Aug 22-Aug 12-Sep 03-Oct 24-Oct 14-Nov 05-Dec 26-Dec 16-Jan 06-Feb 27-Feb 20-Mar 10-Apr



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Macaroni Cheese

Macaroni in a creamy cheese sauce

Sausages, Mash & Gravy

Pork & beef sausages in gravy

Roast Beef with Roast Potatoes and Gravy

Sliced roast beef with roasties and gravy

Cheese & Tomato Pizza

Deep base pizza with a cheese & tomato topping

Fish & Chips

Our traditional Friday favourite

Alternative Dish

Chicken Tikka Masala & Rice

Mild tikka sauce and fluffy rice

Cheese & Tomato Pasta

Creamy cheese & tomato sauce with pasta

Quorn Sausage with Roast Potatoes and Gravy

Quorn Sausage in rich gravy with roasties

Butternut Squash & Chickpea Curry & Rice

Chunky vegetables in a mild curry sauce

Veggie Burger & Chips

Quorn Pattie in a bun with chips

Jacket Potato

Jacket Potato With Tuna Mayo

Jacket Potato With Baked Beans

Jacket Potato With Cheese

Jacket Potato With Veggie Bolognese

Jacket Potato With Cheese

Vegetables

Green Beans or Salad

Garden Peas or Salad

Carrots and Cabbage

Rainbow Vegetables or Salad

Baked Beans or Salad

Desserts

Jammy Jack Flapjack

Apple, Orange & Melon Fruit Bowl

Pineapple Sponge

Smooth Fruit Yoghurt

Muesli Flapjack

Bread, Water & Fruit available every day
Ketchup served on Friday

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

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