## WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Fish Fingers with Herby Diced Potatoes, Grated Carrots, Tomato & Cucumber Chunks	Beef Lasagne with a Garlic Slice & Shredded Iceberg Lettuce	Chicken Korma on a Miced Grain Rice with a Naan Bread Slice	Hot Shredded Gammon in a Bap with Mini Mid Potatoes, Micro Pea Shoots & Mixed Peppers	Baked Fillet of Fish or Baked Pork Sausage with Chips and Peas or Beans
VEGETARIAN	Vegetable Quarterpounder with Herby Diced Potatoes, Grated Carrots, Tomato & Cucumber Chunks	Tomato Pasta with a Garlic Slice & Shredded Lettuce	Sweet Potato, Spinach & Chickpea Curry on a Mixed Grain Rice with a Naan Bread Slice	Cheese & Tomato Quiche with Mini Mid Potatoes, Micro Pea Shoots & Mixed Peppers	Vegetable Sausage with Chips and Peas or Beans
TODAY'S DESSERT	Iced Vanilla Sponge Finger	Assorted Melon Chunks & Sliced Grapes	Reduced Sugar Belgian Waffles with Sliced Grapes & Sauce	Homemade Cheesecake & Peach Slicces	Ice Cream Tub

## **WEEK 2**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Pepperoni Pizza Wraps with Seasoned Potato Wedges, Shredded Iceberg Lettuce, Cherry Tomatoes & Cucumber	Tagliatelle with Meatballs in a Tomato Sauce with a Crusty Bread Chunk & Micro Pea Shoots	Mini Beef Cocktail Pasty with Mini Mid Potatoes, Coleslaw & a Mixed Green Salad	Chicken Breast with Gravy, Roast Potatoes, Yorkshire Pudding, Carrots & Broccoli	Baked Fillet of Fish with Chips & Peas or Beans
VEGETARIAN CHOICE	Cheese & Tomato Pizza Wrap with Seasoned Potato Wedges, Shredded Iceberg Lettuce, Cherry Tomatoes & Cucumber	Tagliatelle with Mixed Peppers & Red Onion in a Tomato Sauce with a Crusty Bread Chunk & Micro Pea Shoots	Creamy Vegetable Slice with Mini Mid Potatoes, Coleslaw & a Mixed Green Salad	Quorn Roast with Gravy, Roast Potatoes, Yorkshire Pudding, Carrots & Broccoli	Wholemeal Cheese & Tomato Pizza with Chips & Peas or Beans
TODAY'S DESSERT	Shortcake Slice with Fresh Strawberry Slices	Assorted Melon Chunks with Sliced Grapes	Angel Delight	Assorted Fruit Pot	Fruit Lolly

## WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Beef Burger in a Bap with Sauted Potatoes,Lambs Lettuce, Tomato & Cucumber	Spaghetti Bolognaise with a Wholemeal Baguette Slice & Micro Pea Shoots	Ham & Cheese Quiche with New Potatoes, Mixed Leaf Salad & Coleslaw	Homemade Southern Style Chicken Breast Goujons with Baked Skin on Wedges, Grated Carrot, Tomato & Cucumber	Baked Fillet of Fish or Pork Sausage with Chips and Peas or Beans
VEGETARIAN CHOICE	Vegetable QuarterPounder in a Bap with Sauted Potatoes, Lambs Lettuce, Tomato & Cucumber	Tomato, Mixed Pepper & Red Onion Spaghetti with a Wholemeal Baguette Slice & Micro Pea Shoots	Vegetable Nuggets with New Potatos, a Mixed Leaf Salad & Coleslaw	Quorn Dippers with Baked Skin on Wedges, Grated Carrot, Tomato & Cucumber	Vegetable Fingers with Chips & Peas or Beans.
TODAY'S DESSERT	Iced Chocolate Sponge Finger	Assorted Melon Chunks & Sliced Grapes	Meringue Nest with Ice Cream, & Fruit Cocktail	Jelly	Ice Cream Tub

<sup>\*\*\*</sup> PLEASE NOTE THAT MENU ITEMS MAY NEED TO BE CHANGED WITHOUT NOTICE \*\*\*